

BOULDER HIGH SOCCER SUMMER TRAINING

SPEED AGILITY REACTION POWER & QUICKNESS



JUNE 21-JULY 30, 2010

MONDAYS, WEDNESDAYS, FRIDAYS • 9AM-10AM

12-17 YEARS OLD • BOYS AND GIRLS

RECHT STADIUM AT BOULDER HIGH SCHOOL

WWW.BOULDERHIGHSOCCER.COM

DIRECTOR: Hardy Kalisher, Boulder High Boys Head Coach (303) 250-8343 / coachhardy@gmail.com

**BOULDER'S ONLY SUMMER LONG SOCCER SPECIFIC CONDITIONING PROGRAM
FOCUSED ON SOCCER SPEED POWER AGILITY & QUICKNESS
(No training on June 25 and July 23)**

----- *REGISTRATION FORM (MUST BE COMPLETED)* -----

REGISTRATION - Check One

- Summer Sign Up 150.00 (This program is free for players preparing for the Fall 2010 BHS Boys Soccer Season)
- Drop In \$15.00 (This program is free for players preparing for the Fall 2010 BHS Boys Soccer Season)

Checks are payable to: "Boulder High Boys Soccer Mail to: 1323 Lambert Circle Lafayette, CO 80026"

Camper's Name: _____

Email Address: *(Important for camp confirmation and communication)*: _____

Home Phone: _____ Age: _____ Gender (circle): M F

Parent/Guardian: _____ Phone: _____

Alternate Adult Contact: _____ Phone: _____

MEDICAL RELEASE - PLEASE READ AND SIGN BELOW:

My Child _____ has my permission to play soccer. On my child's behalf, I hereby release persons connected with the Boulder High SPARQ TRAINING of liability from risks normally incident to playing or watching soccer and speed, agility, power and quickness training. I authorize the coaches or camp officials to obtain medical attention for my child in case of emergency. I release the coaches and officials from responsibility in connection with such medical services.

Parent Signature: _____ Date: _____